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The Muscular System Anatomical Chart



Synopsis

This classic chart of The Muscular System was illustrated by Peter Bachin in 1947 and continues to be one of the most easily recognized images in medical illustration. Every illustration is vividly colored and finely detailed. All structures are clearly labeled. The large central illustrations show both anterior and posterior views of the male muscular system. Four smaller illustrations show: the muscles of the right hand, the right half of the diaphragm, muscles of the posterior abdominal wall, muscles of the right foot. Laminated and paper versions are available in English and Spanish. Made in USA. Available in the following versions: 20" x 26" heavy weight paper laminated with grommets at top corners ISBN 9781587790355 20" x 26" heavy weight paper ISBN 9781587790362 19-3/4" x 26" styrene plastic - latex free ISBN 9781587796838 18" x 25" 3-D PVC plastic ISBN 9781587790386 giant size 42" x 62" tear resistant lightweight plastic with grommets at top ISBN 9781587799815 20" x 26" heavy weight paper laminated with grommets Spanish ISBN 9781587799969 20" x 26 heavy weight paper Spanish ISBN 9781587799952

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Customer Reviews

A classic biomedical illustration I keep in the gym. I refer to this poster for its accuracy, clarity and to better understand the muscle structure being worked. Many of my workouts refer to specific muscle groups and this Muscular System chart allows me to better understand what I am working on. Highly recommend for the personal gym.

I love working out, and I like having this poster in my room to learn about all the different muscles

that are in my body. It's the perfect size to hang in my room. My only complaint is that the text for all the muscles is somewhat blurry. It's not blurry to the point where you can't read it, but if you have bad eyes this might be a nuisance for you. For the price, not a bad purchase at all. I got the laminated one and it's pretty nice. If the text was crystal clear, I'd give it 5 stars.

This is a very well made chart, thorough in information, and what muscles it shows and how they are seen on this, clear on the cutaways. If you are looking for a muscular anatomy poster, this is a very nice one.

For anyone working in bodywork, such as massage therapists, fitness instructors, physical therapists, and other health workers, the muscular system chart is an essential tool to have in order to be able to clearly show the client or patient exactly what muscles are involved in their bodywork or treatment. This visual aid shows where the muscle is in relation to other muscles and, thus, is useful in understanding the interaction of the muscles with other muscles as well as ligaments, tendons, and joints. The chart is very detailed and shows deep as well as superficial muscles. It's also a great learning tool for body workers as well as their clients.

Lovely laminated poster that looks great in my massage room. Good size too - not too big, but big enough to be able to see easily and show clients what you want to point out to them. Recommend this product.

Very clear and accurate chart, and much bigger than I expected. Great for illustrating muscles and muscle groups during training.

I always wanted one of these as my motivation for working out. This is a great chart, very details and good quality. It is really helpful for me to use as reference and also whenever I am going to work out, I will look at the chart to figure out what muscles I want to work on that day. When you get to know each parts on your muscles you will be more motivated to work out because you can feel the changing in the shapes of your muscles.

Love the poster. As many others have said you see these in doctors offices. I'm an avid ultramarathoner and have a dedicated room for yoga / stretching. I hung it on the wall in our yoga room to help pin point / identify areas which are tight / achy. Cool to look at too!

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